



Anti-Racism Resource Guide

Ketchum

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Ketchum's culture is built on a shared sense of belonging, where every one of us feels heard, respected and included. A Force for Good is one of our core values, and we strive to be a force for positive change. Recent events remind us that as racism and intolerance continue to plague our world, it is incumbent upon all of us to condemn acts of hatred and violence toward marginalized communities.

We believe one of the first steps lies in educating ourselves. We are encouraging our teams at Ketchum to reference this guide, which compiles a sampling of resources to give colleagues a variety of options to help them delve deeper into the topics of social justice and anti-racism. This list comes from a range of insightful materials we've seen online – including this fantastic [Antiracism Resources Google Doc](#) compiled by Sarah Sophie Flicker and Alyssa Klein – as well as recommendations from our team internally. By no means is this list exhaustive, and we understand that this journey is personal and will vary for each of us.

We are encouraging our colleagues to **start by picking 3-5 options** from this guide, and we invite our friends of Ketchum to do the same. Whether you prefer to **Read** (books, articles), **Listen** (podcasts), **Watch** (television, film), **Follow** (social media accounts), or **Act** (learning courses, other ways to engage), we hope you find something in this guide that inspires you.

<https://www.ketchum.com/belongatketchum-anti-racism-guide/>

Be an Effective: Listener Reader Viewer Learner

Understanding that this learning journey is personal, we thought it might be helpful to share some tips about how we approach learning at Ketchum.

1. Set an intention to listen/read/observe with a specific purpose in mind. If possible, write your intention down. It can be as broad or as narrow as makes sense for you in the moment.
2. While you're listening/reading/observing, pay attention to your reactions. Note where you feel agreement. Note when you feel challenged.
3. Adopt a frame of curiosity. Allow yourself to "wonder" what might be triggering some reactions, or wonder how you might challenge some of your assumptions.
4. As questions emerge, seek out new resources from sources you trust. Ask others who/what they're learning from now. If you're comfortable to do so, share your learning intent with them.
5. Take notes, and plan to review your notes for a few minutes each day. Jot down any new observations, insights, "wonderings," etc. as you go. New connections sometimes take time to unfold.

Remember: your brain is designed to learn and grow and adapt and change.

Read (For Adults)

Article: The Atlantic – Who Gets to be Afraid in America

By Ibram X. Kendi, Director of Antiracist Research and Policy Center at American University

Unpacks this sentiment from the author: *Americans don't see me, or Ahmaud Arbery, running down the road – they see their fear.*

Book: How to Be an Antiracist

By Ibram X. Kendi, Director of Antiracist Research and Policy Center at American University

Explores the concept of antiracism while asking us to imagine what an antiracist society might look like and how we can build it.

Essay: White Privilege – Unpacking the Invisible Knapsack

By Peggy McIntosh, Senior Research Scientist at the Wellesley Centers for Women

Regarded as a pioneering essay on discussions of power, gender and race in the U.S., the author's self-reflection on how she has benefitted from white privilege is still fascinatingly relevant today.

Book: White Fragility: Why It's So Hard for White People to Talk About Racism

By Robin DiAngelo, PhD, academic, consultant, trainer on racial and social justice issues

Best-selling book exploring the counterproductive reactions white people have when their race assumptions are challenged and how these reactions maintain racial inequality.

Article: Medium.com – 75 Things White People Can Do for Racial Justice

By Corinne Shutack, Contributor, Medium.com, The Good Men Project
Simple tips on how you can support the effort for racial justice, updated regularly.

Book: Race Talk and the Conspiracy of Silence

By Derald Wing Sue, Professor of Psychology and Education, Columbia University

For those that think discussion race is impolite or that “colorblindness” is the preferred approach, this book debunks pervasive myths, using evidence and practical tools.

Read (For Adults)

Book: Me and White Supremacy

By Layla F Saad, Writer, Speaker and Podcast host.

Teaches readers to understand their white privilege and their participation in white supremacy so that they can stop inflicting damage on People of Color and, in turn, help other white people do better too.

Book: The Racial Healing Handbook

By Anneliese A. Singh, PhD, LPC, professor and associate dean of diversity, equity, and inclusion in the college of education at the University of Georgia.

A powerful and practical guide to help you navigate racism, challenge privilege, manage stress and trauma, and begin to heal.

Read (For Families)

[Books: Coretta Scott King Book Award Winners](#)

Curated by Common Sense Media

Searchable list of award-winning books by African American authors and illustrators for children and young adults that demonstrate an appreciation of African American culture.

[Books: 31 Children's Books to Support Conversations on Race, Racism and Resistance](#)

Curated by Embracerace.org

Searchable list of books to help children counter bias and racism, and take action.

[List of Diverse Children's Book for 2021](#)

Curated by Here Wee Read

provides a comprehensive listing of the books recommend here are for infants, toddlers, preschoolers, and early elementary readers since my children fall within those groups and so do the little readers in my core target audience.

[Article: Pretty Good – Your Kids Aren't Too Young to Talk About Race](#)

By Katrina Michie, PrettyGoodDesign.org

Round-up of books, articles, podcasts and websites to help parents talk to their children about race.

[Article: PBS.org – Teaching Your Child About Black History Month](#)

By Nefertiti Austin, certified PS-MAPP trainer and blogger

Discusses the importance of teaching children about Black History Month, with useful insights and actionable tips.

Listen

Podcast: Code Switch

Code Switch is a fearless conversation about race, hosted by journalists of color. They explore how it impacts every part of society — from politics and pop culture to history, sports and everything in between.

Podcast: Hidden Brain

Uses science and storytelling to reveal the unconscious patterns that drive human behavior and the biases that shape our choices.

Podcast: Intersectionality Matters! hosted by Kimberlé Crenshaw

An African American policy forum podcast, hosted by Kimberlé Crenshaw, an American civil rights advocate and a leading scholar of critical race theory.

Podcast: Pod Save the People

Hosted by DeRay McKesson, this podcast offers unique perspectives on the news, with a focus on overlooked topics that often impact people of color.

Podcast: Speak Out with Tim Wise

Tim Wise is one of the country's leading anti-racist writers, educators and media commentators. He is the author of seven books, including *White Like Me: Reflections on Race from a Privileged Son*.

Podcast: WeTalkDifferent

Explores the intersections of race, ethnicity and gender in politics, culture and theology. For an especially powerful episode, check out [Episode 99: The "White Fragility with Dr. Robin DiAngelo Edition."](#)

Listen

Mixed Company

Providing real solutions for social inequity within creative fields is the goal of this podcast.

What Matters

What Matters combines documentary narrative with interviews to illuminate specific, timely issues, aiming to create safe dialogue to promote freedom, justice, and collective liberation.

Intersectionality Matters! With Kimberle Crenshaw

is an incisive and deeply informative podcast that centers on the experiences of Black women.

The United States of Anxiety (WNYC)

is a finely tuned weekly show that tackles the unfinished business of our country's history, and meditates on what the future might look like.

Still Processing

Step inside the confession booth of Wesley Morris and Jenna Wortham, two culture writers for The New York Times. They devour TV, movies, art, music and the internet to find the things that move them - to tears, awe and anger.

Watch

[Netflix: Dear White People](#)

GLAAD Media Awards-nominated series by Justin Simien focused on students of color at an Ivy League college that is not as “post-racial” as it thinks.

[Netflix: When They See US](#)

Emmy-winning four-part miniseries by Ava DuVernay, based on the events of the 1989 Central Park jogger case.

[Netflix: American Son](#)

Film by Kenny Leon exploring the tensions that arise in a Florida police station as an estranged interracial couple awaits news of their missing teenage son.

[Hulu: If Beale Street Could Talk](#)

Oscar-winning film adaptation of James Baldwin’s 1974 novel.

[Hulu \(w/Cinemax\): The Hate U Give](#)

Film focused on a teen who witnesses the fatal shooting of a friend by a police officer and must decide whether to testify.

[Available to Rent: I Am Not Your Negro](#)

BAFTA-winning documentary by Raoul Peck based on James Baldwin’s unfinished manuscript *Remember this House* – explores the history of racism in the U.S. via Baldwin’s personal observations and reminiscing about civil rights leaders.

[Available to Rent: Selma](#)

Oscar-winning historical drama by Ava DuVernay based on the 1965 Selma-to-Montgomery voting rights marches.

Watch

From the 2021 Sundance Film Festival come 6 movies (fiction and documentaries) centered on representation:

- [Son of Monarchs](#)
- [Ma Belle, My Beauty](#)
- [My Name is Pauli Murray](#)
- [R#J](#)
- [Try Harder!](#)
- [Searchers](#)

Follow

Explore these organizations doing important work in racial equality and social justice.

- Antiracist Research & Policy Center: [Twitter](#)
- Audre Lorde Project: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Black Lives Matter: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Black Women's Blueprint: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Color Of Change: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Colorlines: [Twitter](#) | [Instagram](#) | [Facebook](#)
- The Conscious Kid: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Equal Justice Initiative (EJI): [Twitter](#) | [Instagram](#) | [Facebook](#)
- Families Belong Together: [Twitter](#) | [Instagram](#) | [Facebook](#)
- The Gathering for Justice: [Twitter](#) | [Instagram](#) | [Facebook](#)
- The Leadership Conference on Civil & Human Rights: [Twitter](#) | [Instagram](#) | [Facebook](#)
- MPowerChange: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Muslim Girl: [Twitter](#) | [Instagram](#) | [Facebook](#)
- NAACP: [Twitter](#) | [Instagram](#) | [Facebook](#)
- National Domestic Workers Alliance: [Twitter](#) | [Instagram](#) | [Facebook](#)
- RAICES: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Showing Up for Racial Justice (SURJ): [Twitter](#) | [Instagram](#) | [Facebook](#)
- SisterSong: [Twitter](#) | [Instagram](#) | [Facebook](#)
- United We Dream: [Twitter](#) | [Instagram](#) | [Facebook](#)

Act

Yale University: African American History – From Emancipation to the Present

Video recording of a course taught by Jonathan Holloway, Professor of History, African American Studies and American Studies; course materials downloadable from link.

LinkedIn Learning Path – Becoming an Inclusive Leader

For leaders, we recommend the learning path, Becoming an Inclusive Leader on LinkedIn Learning. These sessions vary in length (12 -60+ minutes); select a course based on the topic or take all of them to earn an “Inclusive Leader” badge on your LinkedIn Profile. Topics include:

- Inclusive Leadership
- Diversity, Inclusion and Belonging
- Confronting Bias: Thriving Across Our Differences
- Communicating about Culturally Sensitive Issues
- Managing a Diverse Team

Twitter Post: Ways You Can Show Your Support from Home in Less Than 30 Minutes

Dig Deeper

Visit our client P&G's [extensive resource website](#), which includes a moving opening video, "The Choice."

For additional resources, check out this [Antiracism Resources Google Doc](#), compiled by Sarah Sophie Flicker and Alyssa Klein in May 2020.

Here's you'll find additional recommendations on:

- Resources for parents raising anti-racist children
- Books and articles
- Podcasts
- Films and TV series
- Social justice and anti-racism organizations
- Additional antiracism links and resources



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